

Administration Guidelines for Eye Ointments

1. Wash hands thoroughly. Wash areas of the face around the eyes.
2. If both drop and ointment therapy are indicated, instill the drops at least 10 minutes before the ointment so that the ointment does not become a barrier to the drops' penetrating the tear film or cornea.
3. Tilt head back.
4. Gently grasp lower outer eyelid below lashes, and pull eyelid away from eye as shown in the drawing.
5. Place ointment tube over eye by looking directly at it.
6. With a sweeping motion, place 1/4 to 1/2 in. of ointment inside the lower eyelid by gently squeezing the tube, but avoid touching the tube tip to any tissue surface.
7. Release the eyelid slowly.
8. Close eyes gently for 1 to 2 minutes.
9. Blot excessive ointment from around the eye.
10. Vision may be temporarily blurred. Avoid activities requiring good visual ability until vision clears.

