TABLE 11-2

Administration Guidelines for Nasal Drugs

Nasal Sprays

- Gently insert the bottle tip into one nostril as shown in drawing A. Keep head upright. Sniff deeply while
- squeezing the bottle. Repeat with other nostril.



Pump Nasal Sprays

Prime the pump before using the first time. Hold the bottle with the nozzle between the first two fingers and thumb

on the bottom of the bottle.

Repeat with other nostril.

- Tilt the head forward. Gently insert the nozzle tip into one
- nostril as shown in drawing B. Sniff deeply while depressing the pump once.



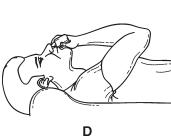
Nasal Inhalers

- Warm the inhaler in hand just before use.
- Gently insert the inhaler tip into one nostril as shown in drawing C. Sniff deeply while inhaling. Repeat with other nostril.
- Wipe the inhaler after each use. Make sure the cap is tightly in place between uses. Discard after 2-3 months even if the inhaler still smells medicinal.



Nasal Drops

- Squeeze the bulb to withdraw medication from the bottle.
- Lie on bed with head tilted back over the
- side of the bed as shown in drawing D.



Place the

- recommended number of drops into one nostril. Gently tilt head from side to side. Repeat with other nostril. Lie on bed for a couple of minutes
- after placing drops in the nose. Do not rinse the dropper.